

COVID-19 Support Group



If you have recovered (or are recovering) from COVID-19 and would like a safe place in which to process and share your experience with others, join our virtual group. Co-facilitated by Rabbi Pamela Wax and Heidi Weiss, LMSW, MHA.

Dates: 4 Mondays, November 2, 16, 30, and December 14, 2020

Time: 10:00 – 11:30 am

Donations Welcome!

Virtual Call-in Information will be provided upon registration.

REGISTRATION REQUIRED

Please email Rabbi Wax at pwax@wjcs.com to register.

Funded through the US Department of Health and Human Services Administration on Aging (AOA), New York States Office for the Aging, Westchester County Department of Senior Programs and Services, WJCS and UJA Federation.



Jewish Spiritual Healing Center

The WJCS Jewish Spiritual Healing Center is dedicated to promoting the spiritual, intellectual, physical and mental health of Westchester's Jewish community by infusing our many programs and services with the intrinsic power of Judaism's history and tradition.

We provide the community with opportunities that foster health and healing for the mind, body and spirit within a Jewish context.



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